

South Anchorage Wrestling 2020-2021



Wrestler/Parent Handbook

*"If everyone is moving forward together, then success takes care of itself."
Henry Ford*

Attendance

In order to be prepared for weekend tournaments, demonstrate commitment to the team, and help your teammates succeed, athletes are expected to attend every practice.

Please notify a coach as soon as possible about excused absences for

In order to maintain eligibility in the ASD, athletes are required to maintain a 2.0 GPA at the quarter, and pass at least 5 classes. However, our coaching staff expects our teams to strive to uphold a higher standard.

Phones are not allowed for athletes sitting on the team bench during duals. Athletes are expected to be engaged in the competition, cheering for their teammates.

Athletes are expected to wear team warm-ups that are issued to each individual, or other South Wrestling apparel that is approved by a coach. This ensures that we represent our school, and look like a team while at competitions.

Fundraising

In order to continue to maintain our quality equipment/uniforms, and fund travel around the state, it is necessary that every individual participates in fundraising. If there is a fundraising activity, it is expected that each student athlete is there to do their part. If you are unable to attend, please let a coach know.

With my signature below, I acknowledge that my parents and I have read, understand, and agree to abide by the South Anchorage Wrestling team policies and procedures outlined in this handbook.

Athlete